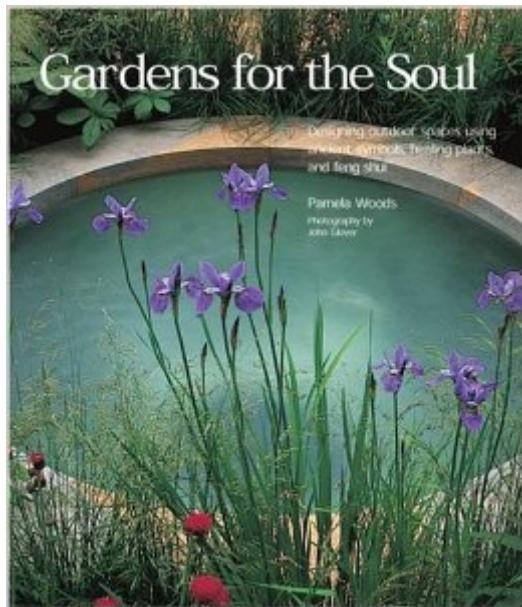


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# Gardens For The Soul: Designing Outdoor Spaces Using Ancient Symbols, Healing Plants And Feng Shui



## **Synopsis**

"Gardens for the Soul" is a truly inspiring approach to garden design. Garden designer and plantswoman Pamela Woods' unique approach teaches you how to create a garden that reflects your spiritual beliefs and inner emotions. She invokes the power and beauty of ancient symbols, like Celtic wheels and spirals, with Eastern practices, such as feng shui, to create gardens that are relaxing, meditative and, above all, beautiful. Beginning with a discussion of what makes a garden spiritual using historical examples and her own modern designs, Pamela then discusses how to analyze and channel the energies in your garden using techniques such as feng shui, dowsing and basic common sense. She also looks at ancient symbols and systems, for example, The Tree of Life, the medicine wheel, mandalas, spirals and labyrinths, and how to incorporate them into your own garden. Pamela then explores how shapes and forms in nature are reflected throughout the universe, in history and in science, and how to draw upon these universal patterns as inspiration for your gardens. Inspirational chapters explain how plants can possess healing powers and symbolic mysticism and explore how to appreciate the foundations of your garden--tending the earth itself, incorporating wilderness and understanding the seasons that nurture your garden. Simple graphic illustrations, helpful plans and John Glover's evocative photography combine with spiritual theories and practical garden advice to help you create a space that is full of peace and resonance--an extension of your own soul and somewhere you will feel completely at home.

## **Book Information**

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## **Customer Reviews**

Gardens for the Soul is a wonderful and inspiring book filled with beautiful pictures. If you are looking for a "how to build a pond, steps 1, 2, 3" kind of book, this is not the right one for you. Pamela Woods has a vast knowledge of various ancient systems and symbolism which she incorporates in her garden designs in a subtle and yet powerful way. The book doesn't go into each option in depth, that would explode the size of the book is not aimed. The author gives the reader rather a different view of gardening. Whatever your spiritual inclination there is a way to incorporate it in a garden design to make it a garden for the soul. This book is so inspiring that you might feel that building a sacred garden is your purpose of life where you can be at peace with yourself and the world. A very different gardening book. Enjoy!

A simply gorgeous book! This book is one of my absolute favorite gardening books. I have always been entranced by the spirit of place, and gardens that have an almost palpable energy. This book goes through ideas for using the tree of life, mandalas, medicine wheels, and feng shui as inspiration for creating a sacred space. It also features some of the most beautiful, enchanting gardens I have seen (and I have a lot of gardening books). As another reviewer mentioned, this book is not a how to. It does not give you a garden, and a plant list, and say "plant this in spot A, plant this in Spot B". What it does is give you ideas from many different ideas from many different cultures so that you can find what speaks to you and incorporate it into your own garden. To be honest, I prefer this way of garden design. Designing a garden is not like designing a house. Where you live, the quality of sun/soil/rain/wind/hot/cold is what determines your plant choices. I live in Arizona, so although I may want to design a garden based on the Kabbalah (as is shown) my plants are going to be completely different than the ones featured because I have to work with the plants that thrive in my area. So, I would buy this book in conjunction with books on gardening for your area to help choose plants and garden features.

More used than usual book. Looking forward to reading.

This book looks beautiful, it's a very lovely ornament for the table, but as for advice and information - it was very dull, and apart from 2-3 gardens, most was just beautiful nature or flower pictures. I was very disappointed. Michal

What a bizarre book. I checked it out from the library expecting beautiful photographs of stunning gardens and equally lovely descriptions. Not here! Instead, there are lush photographs and bizarre

psychobabble. Of course, I am a scientist, and have a hard time dealing with this type of nonsense at the best of times. Don't waste either your time or money. The photographs are beautiful, but the written portion seems to consist solely of Ms. Woods's silly spiritual ramblings.

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